

Sample Xploreo 8-Day Itinerary for Costa Rica



XPLOREO

Programs in Spanish,
French and Italian
speaking countries

**\$1285 for groups of 19 or more participants
(Prices for smaller groups are at the back)**

Saturday, Jun 8

In-transit from home country. Airport pick-up upon arrival and check into a hotel.

Sunday, Jun 9

San Jose, the capital, commercial center and cultural hub of Costa Rica

A trip to San Jose will give you an understanding of its rich cultural heritage and history. As you dig deeper, you will be increasingly drawn to its hidden gems that few travelers know about.

7:00am: **Meet for breakfast.**

9:00am: **Take a guided tour of Café Britt coffee plantation and roastery.**

11:30am: **Have lunch.**

2:00pm: **Drive from San Jose to Monteverde (2h).**

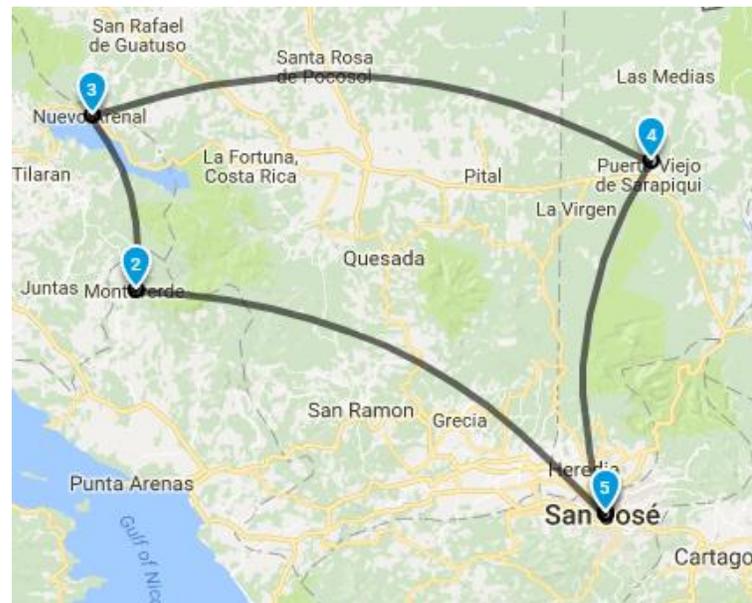
Montverde, an eco-tourism heaven

Wedged between its two eponymous cloud forest reserves, Montverde is an eco-tourism heaven in the Costa Rican Central Highlands.

4:30pm: **Upon reaching Montverde, check into a hotel.**

5:30pm: **Have dinner.**

7:30pm: **Walk around the surrounding area. Return to the hotel.**



Monday, Jun 10

Montverde

6:00am: **Breakfast**

7:30am: **Experience a guided canopy tour.**

11:00am: **Have lunch.**

1:00pm: **Explore Santa Elena Cloud Forest, a non-profit, community managed reserve.**

4:30pm: **Visit a local farmer's market, if possible. Explore more of Montverde on your own.**

6:30pm: **Dinner, free time and hotel.**

Tuesday, Jun 11

6:30am: **Breakfast**

8:30am: **Drive from Montverde to Nuevo Arenal (2h 30min).**

Nuevo Arenal, home to the beautiful Lake Arenal.

Nuevo Arenal is a sleepy and charming town and major stop-over for travelers going to Tilarán and points beyond.



11:30am: **Check into a hotel and freshen up.**
1:00pm: **Have lunch.**
3:00pm: **Take a walk around the hotel and beyond. Enjoy the pure and pristine beauty of nature.**
6:30pm: **Dinner, free time and hotel.**

Wednesday, Jun 12

Nuevo Arenal

6:00am: **Breakfast**
8:00am: **Visit Arenal Volcano National Park, a protected area home to hot springs, an active volcano and wildlife.**
12:00pm: **Have lunch at one of the local restaurants.**
2:30pm: **Drive from Nuevo Arenal to Sarapiquí (2h 15min).**

Sarapiquí, home to a number of nature reserves and national parks in Costa Rica

Known for its rich biodiversity, Sarapiquí is also home to the endangered Green Macaw and is popular amongst both nature-lovers and adventurers.

5:30pm: **Check into a hotel.**
7:00pm: **Eat dinner and explore on your own. Return to the hotel.**



Thursday, Jun 13

Sarapiquí

7:30am: **Breakfast**
9:30am: **Drive to Guacimo, a rural town, home to pineapple and banana plantations (1h 45min).**
11:30am: **Visit the Earth University. Interact with students and faculty members about fair trade bananas, how they are harvested and exported to foreign countries. Have lunch at the university campus.**
6:00pm: **Have dinner at one of the local restaurants.**
8:00pm: **Drive back to Sarapiquí. Return to the hotel.**

Friday, Jun 14

Sarapiquí

6:30am: **Breakfast**
8:30am: **Explore Braulio Carrillo National Park. Have packed lunch in between.**
2:00pm: **Drive from Sarapiquí to San Jose (1h 30min).**
San Jose
5:30pm: **Check into a hotel and freshen up.**
7:00pm: **Dinner, free time, and return to the hotel.**

Saturday, Jun 15

Travel to San Jose International Airport. Get ready to fly home.



www.xploreo.com/custom customtrips@xploreo.com

Price includes all in-country costs (except dinner) but not international airfare. Chaperons' costs are not included in the price but if they are to be included the price would increase between 5-10% for each additional chaperon, depending on the group size. Prices are:

\$1285 19-24 participants	\$1585 15-18 participants
\$1785 10-14 participants	\$2285 5-9 participants